



Licensed Behavioral Practitioners
 Licensed Marital and Family Therapists
 Licensed Professional Counselors

State Board of Behavioral Health Licensure
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CURRICULUM EVALUATION FOR LICENSED PROFESSIONAL COUNSELOR (LPC)

University:	University of Oklahoma
Program Title:	Masters of Human Relations
Degree:	M.H.R.
Total Hours:	99
Board Approved:	May 29, 2015
Effective Date:	August 1, 2018

CORE COURSES – All courses must be 3 semester hours* (total at least 27 semester hours)

A. Human growth and development – at least 1 course. Each course which deals with the process stages of human intellectual, physical, social and emotional development of any of the stages of life from prenatal through old age.

HR	5403	Psychosocial Development
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B. Abnormal human behavior – at least 1 course. Each course which offers a study of the principles of understanding dysfunction in human behavior or social disorganization.

HR	5663	Psychopathology
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C. Appraisal/assessment techniques – at least 2 courses. Each course which deals with the principles, concepts and procedures of systematic appraisal, assessment, or interpretation of client needs, abilities, and characteristics, which may include the use of both testing and non-testing approaches.

HR	5483	Diagnosis in Human Relations Counseling
HR	5493	Assessment and Evaluation

D. Counseling theories/methods – at least 2 courses. Each course which surveys the major theories and/or techniques of counseling.

HR	5003	Theoretical Foundations of Human Relations
HR	5633	Advanced Counseling Skills

E. Professional orientation/ethics – at least 1 course. Each course which deals primarily with the objectives of professional counseling organizations, codes of ethics, legal aspects of practice, standards of preparation and the role of persons providing direct counseling services.

HR	5453	Ethical Issues in Human Relations Counseling
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F. Research – at least 1 course. Each course which deals with the methods of social science or mental health research which includes the study of statistics or a thesis in an area relevant to the practice of counseling.

HR	5023	Research (Methods) in Human Relations
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G. Practicum/internship - at least 1 course equaling at least 300 clock hours. An organized practicum with planned experiences providing classroom and field experience with clients under the supervision of college or university approved counseling professionals.

HR	5200	Internship in Human Relations (6 hours)
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ELECTIVE COURSES – at least 5 courses of at least 3 semester hours each (total at least 15 semester hours)

H. Group dynamics - course that provides both theoretical and experiential understandings of group purpose, development, dynamics, theories, methods, skills, and other group approaches in a culturally diverse society, including issues of group counseling leadership, stages, skills, methods, and ethics issues.

HR	5433	Group Counseling
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I. Life style & career development - course that provides an understanding of career development and related life factors, as well as an overview of career development theories, program planning, educational planning, assessment techniques, and applied career counseling processes, including those applicable to specific populations in a global economy.

HR	5563	Career Counseling
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J. Social & cultural foundations - course that provides an understanding of the cultural context of relationships, issues, and trends in a culturally diverse society, including an overview of social and cultural theories, strategies, and roles to be applied by the pluralistic counselor to establish an environment for optimal client wellness and successful counseling outcomes.

HR	5013	Current Problems in Human Relations
HR	5543	Counseling Diverse Populations
HR	5593	Multicultural Counseling

K. Personality theories - course that examines contemporary and alternative personality theories that provide the student with models to conceptualize client presentation and that help the student select appropriate counseling interventions, including an examination of models of counseling that are consistent with current professional research and practice in the field of counseling.

HR	5573	Personality and Personality Disorders
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L. Crisis intervention - course that provides an overview of crisis and disaster intervention strategies for the professional counselor that addresses areas including, but not limited to, crises of suicide, homicide, disability due to a mental illness, domestic violence, school violence, post-traumatic stress disorder, and vicarious trauma.

HR	5623	Post-Traumatic Stress Disorder
HR	5643	Crisis Intervention

M. Marriage/family counseling - course that provides an overview of the knowledge, skills, and practices necessary to address a wide variety of issues in the context of relationships and families, including historical, theoretical, and developmental issues in systems counseling, in addition to examining the basic skills of marriage, couple, and family counseling.

HR	5513	Marriage and Family Therapy
HR	5423	Family Systems and Family Reconstruction

HR	5683	Working with Divorced Families
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N. Addictions counseling – course that provides an overview of assessment and treatment methods available for clients and their family members struggling with substance-related disorders or behavioral/process addiction issues.

HR	5413	Chemical Dependency
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O. Rehabilitation counseling – course that provides an overview of the history, philosophy, and legal basis of rehabilitation programs, the roles of the rehabilitation counselor, and the process of rehabilitation, including the organizational structure of public and private rehabilitation systems, societal trends in rehabilitation, and professional issues related to the role of the rehabilitation counselor.

N/A

P. Gerontology – course that provides a conceptual system for understanding the phenomenon of aging and the counselor’s role in working with an aging client population, including practical counseling skills necessary for meeting the demands of coping with aging in a culturally diverse society.

HR	5693	Issues in Aging
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Q. Human sexuality – course that focuses on sexual development and educational issues as applied to the field of professional counseling with emphases placed upon becoming comfortable with one’s own sexuality, assisting parents with providing sexual education to their children, providing education with regard to sexual matters, and diagnosing and treating sexual dysfunction.

HR	5763	Human Sexuality
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R. Counseling with children/adolescents – course that provides instruction in the theories and techniques used in counseling children and adolescents, including instruction on the conceptualization of childhood and adolescent problems with an emphasis on age- and developmentally-appropriate interventions.

HR	5523	Counseling Children, Adolescents and Families
HR	5603	Play Therapy with Children
HR	5743	Violence Against Women and Children

S. Clinical supervision - course that serves as a didactic and experiential learning experience for counselors who wish to assume the role of clinical supervisor, including the assimilation and application of major theoretical/conceptual models and approaches to clinical supervision in a variety of settings.

HR	5673	LPC Clinical Supervision
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T. Psychopharmacology - course that provides an overview of commonly prescribed psychotropic medications for psychiatric disorders to assist the counselor in understanding his or her role in working with medical professionals in the concurrent treatment of mental health issues using an interdisciplinary approach.

N/A

U. Consultation - course that provides the knowledge and skills necessary for the delivery of counselor consultation, including basic models of consultation, the content and procedural process for implementing consultation, and characteristics of an effective consultant-consultee relationship.

N/A

V. Physical & Emotional Health - course that deals with the overlap of physiological and psychological health models, examining the neural and hormonal bases of learning, memory, motivation, emotions, mental disorders, and other behaviors.

HR	5153	Human Emotions
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W. Grief Counseling - course that addresses the mental health, social, and cultural manifestations of grief counseling, including, interventions and the coverage of characteristics of grief throughout the life cycle.

HR	5653	Grief, Death and Dying
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ADDITIONAL COURSES: The remaining courses, needed to meet the **60 graduate-hour** minimum requirement, shall be in any of the academic areas.

Appraisal/Assessment Techniques:

HR	5553	Marital and Family Assessment
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Counseling Theories/Methods:

HR	5533	Counseling Approaches in HR
HR	5463	Counseling Skills

V. Physical & Emotional Health:

HR	5473	Women and Mental Health
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